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NEVADA BENEFITS  
9505 W. HILLWOOD  
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LAS VEGAS, NEVADA  
89134

# JUMP INTO SPRING!



## Healthcare Industry!

With hundreds of advertisements shouting at us every day, it's not surprising that 70% of consumers would rather get to know a brand from articles instead of ads.

In the healthcare industry, consumers naturally seek out companies that care about them. Since healthcare in the United States is mostly covered by insurance, consumers focus less on price and more on what makes a particular clinic, hospital or medical practice better than its competitors.

They do this by reading reviews and comparing websites, which is why content marketing is particularly powerful in the healthcare industry.

Make sure you as the consumer are aware of what you are getting, or signing up for. You want to make sure that everything you purchase is what is best suitable for you. Healthcare routine check-ups, and medications should always be researched, and understood.



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## Spring Time Sniffles!

To maintain a healthy lifestyle, one must continue to live a clean way of living. This means one must continue to get routine health exams, and understand the meaning behind good health care. Here are some helpful tips in maintaining a healthy, active, fun, and invigorating lifestyle....

- \*Exercise
- \*Eat lots of fruits and vegetables
- \*Be the energy you want to attract
- \*Give it your all
- \*Maintain a healthy diet
- \*Wear your seatbelt while driving
- \*Think positively
- \*Wash your hands



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WE'RE ON THE WEB!  
NEVADABENEFITS.COM

## Health Insurance Made Easy!

There are any insurance agents and brokers out there. Same goes for financial advisors. What makes Nevada Benefits different? Why should you choose us? Here are a few reasons:

Licensed Broker and Insurance Agent  
Technology and Financial Knowledgeable  
Wide Array of Insurance and Financial Solutions  
Value and Reduced Cost  
Money Back Guarantee  
Certified Financial Planners

## Rhubarb Strawberry Crunch!

### Ingredients:

- \*1 Cup of White Sugar    \*1 1/2 Cups of All Purpose Flour
- \*3 Table-Spoons of All Purpose Flour    \*1 Cup of Butter
- \*1 Cup of Packed Brown Sugar
- \*3 Cups of diced Rhubarb
- \*3 Cups of Fresh Sliced Strawberries
- \*1 Cup of Rolled Oats

### Directions:

- \*Preheat oven to 375 degrees.
- \*In a large bowl, mix white sugar, 3 tablespoons flour, strawberries, and rhubarb. Place the mixture in a 9x13 inch baking dish.
- \*Mix 1 1/2 cups flour, brown sugar, butter, and oats until crumbly. You may want to use a pastry blender for this. Crumble on top of the rhubarb and strawberry mixture.
- \*Bake 45 minutes in the preheated oven, or until crisp browned.
- \*Enjoy!

